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| **Anxiety Disorders** | |
| **General Anxiety Disorder** | Marked by chronic, high anxiety not tied to a specific threat |
| **Phobic Disorders** | Marked by a persistent, irrational fear of an object or situation that is not dangerous |
| **Panic Disorder** | Involves recurrent, sudden anxiety attacks, and is often accompanied by agoraphobia. |
| **Obsessive-Compulsive Disorder** | Marked by uncontrollable intrusions of unwanted thoughts and urges to engage in senseless rituals. |
| **Posttraumatic Stress Disorder** | Enduring psychological disturbances attributable to the major traumatic event |
| **Somatoform Disorder** | |
| **Somatization Disorder** | Marked by a history of physical complaints that seem to be psychological in origin. |
| **Conversion Disorder** | Involves a significant loss of physical function with no apparent organic basis, usually in a single organ system. |
| **Hypochondria** | Marked by excessive preoccupations with one’s health and constant worry about getting ill. |
| **Body Dysmorphic Disorder** | Marked by excessive concern about and preoccupation of an imagined or minor defect in a bodily physical features |
| **Dissociative Disorder** | |
| **Dissociative Amnesia** | Sudden loss of memory for personal information that is too extensive to be due to normal forgetting. |
| **Dissociative Fugue** | People lose their memory for their entire lives along with their sense of identity. |
| **Dissociative Identity Disorder** | Involves the coexistence of two or more largely complete and usually very different personalities |
| **Mood Disorders** | |
| **Major Depressive Disorder** | In marked by persistent feelings of sadness and despair, loss of interest in previous sources of pleasure, slowed thought processes and self-blame. |
| **Bipolar Disorder** | Marked by experience of depressed and manic episodes, with latter involving irrational euphoria, racing thoughts, impulsive behavior , and increased energy. |
| **Seasonal Affective Disorder** | Experiencing depression during the winter months. Based not on temperature, but on amount of sunlight. |
| **Schizophrenic Disorders** | |
| **Paranoid Schizophrenia** | Dominated by delusions of persecution and delusions of grandeur |
| **Catatonic Schizophrenia** | Marked by striking motor disturbances, ranging from muscular rigidity to random motor activity. |
| **Disorganized Schizophrenia** | Marked by very severe deterioration of adaptive behavior |
| **Undifferentiated Schizophrenia** | Marked by idiosyncratic mixtures of schizophrenic symptoms. |
| **Personality Disorders** | |
| **Anti-Social Personality Disorder** | Marked by lack of empathy, little regard for others feelings, and views the world as hostile and look out for themselves. |
| **Avoidant Personality Disorder** | Marked by long-standing feelings of inadequacy, Extreme sensitivity to others opinions of them, social inhibition |
| **Borderline Personality Disorder** | Characterized by extreme instability in all aspects of life such as emotions, relationships and self image. |
| **Dependent Personality Disorder** | Marked by heavily relying on the attention and help of others & cannot make decisions for themselves |
| **Histrionic Personality Disorder** | Marked by the need to be the center of attention whether by acting silly, dressing provocatively, and/or causing drama |
| **Narcissistic Personality Disorder** | Marked by an unwarranted sense of self-importance, Thinking that you are the center of the universe, and requiring excessive admiration |
| **Paranoid Personality Disorder** | Marked by pervasive distrust and suspiciousness of others Preoccupied with unjustified doubts about the loyalty and trustworthiness of others |