

AP Psychology - Unit 9 Assignment - Personality

Big Question: Which theory of personality best describes who we are?

Personality Objectives:

- After you have read the chapters and taken notes, you should be able to do the following:
- Describe Freud's view of personality structure
- Outline and describe Freud's psychosexual stages of personality development
- Explain how defense mechanisms operate
- Discuss the major ideas of the neo-Freudians and today's psychodynamic issues
- Explain how projective tests are used to assess personality and describe research findings regarding their validity and reliability
- Discuss trait theories of personality
- Identify the Big Five personality factors
- Discuss the basic ideas of Maslow and Rogers
- Evaluate the humanistic perspective
- Describe the social-cognitive perspective and define reciprocal determinism

Personality Overview

Personality refers to each individual's characteristic pattern of thinking, feeling, and acting. The Personality chapter examines four perspectives on personality. Psychoanalytic theory emphasizes the unconscious and irrational aspects of personality. The social-cognitive perspective emphasizes the effects of our interactions with the environment. Humanistic theory draws attention to the concept of self and to human potential for healthy growth. Trait theory led to advances in techniques for evaluating and describing personality. The text first describes and then evaluates the contributions and shortcomings of each perspective. In addition, within each section is a brief description of some of the techniques used by the perspective in analyzing personality.

Unit 9 Reading Assignment(s)

- You are responsible for the reading listed below; it is meant to supplement the material discussed in class I cannot teach you everything. You should skim the chapter after we finish going over the different parts, and take notes on anything we did not cover.
- **OpenStax Psychology Textbook:** Chapter 11 (Posted on Class Website)

Unit 9 Vocabulary Terms & Flip Book

Psychology is a term heavy course; you are responsible for the terms below. You will have vocabulary on the unit exam.

Unit 9 Flip Book: Each term should be on its own card. Each card will have the term thoroughly and clearly defined on the back. Each card will be taped into a manila folder, numbered, and turned in the day of the unit test.

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|--------------------------|---|
| 1. Personality | 21. Collective Unconsciousness |
| 2. Psychoanalytic Theory | 22. Projective Test |
| 3. Humanistic Approach | 23. Thematic Apperception Test |
| 4. Free Association | 24. Rorschach Inkblot test |
| 5. Psychoanalysis | 25. False Consensus Effect |
| 6. Unconscious | 26. Self-Actualization |
| 7. Id | 27. Unconditional Positive Regard |
| 8. Ego | 28. Self-Concept |
| 9. Superego | 29. Trait |
| 10. Oedipus Complex | 30. Myers-Briggs Type Indicator |
| 11. Fixation | 31. Personality Inventory |
| 12. Defense Mechanisms | 32. Minnesota Multiphasic Personality Inventory |
| 13. Repression | 33. Empirically Derived Test |
| 14. Regression | 34. Social-Cognitive Perspective |
| 15. Reaction Formation | 35. Reciprocal Determinism |
| 16. Projection | 36. Big 5 |
| 17. Rationalization | 37. External Locus of Control |
| 18. Displacement | 38. Internal Locus of Control |
| 19. Sublimation | |
| 20. Denial | |

PART II - PSYCHOLOGY ONE-PAGER ASSIGNMENT

Follow this format for your One-Pager and this format ONLY!

- Use **Unlined White Paper**.
- Use **COLORED Pens, Pencils, or Markers**.
 - The **MORE VISUALLY APPEALING** it is the more you will **LEARN** and **REMEMBER**.
 - It will be stored by and in different parts of your brain by using different colors, physically writing on it, physically drawing picture, etc.
- Fill the **ENTIRE PAGE**. Fill the **ENTIRE PAGE**. Fill the **ENTIRE PAGE**. Fill the **ENTIRE PAGE**.
- Be purposeful about the arrangement of your One-Pager.
 - For example, have a reason for using a certain color or for the placement of an object.
- Write **Two Quotations** from the reading, activities, notes, or lectures about this unit.
 - They **MUST** be in **COMPLETE SENTENCES**.
- Use **THREE Visual Images HAND DRAWN** to create a central focus to your One-Pager. These should be in **BIG, BOLD, and COLORFUL!!!**
 - **Three** is the **minimum required**, you can always have more.
 - They should be related to the unit or part of unit, the more personal, funny, gross, etc. the better you will remember it.
- Place what you feel are the **FIVE Most Essential Vocabulary Words/Phrases/People** around **EACH** image. **Five** is the **minimum required**, you can always have more.
 - These words/phrases/people should express the main ideas, your impressions, feelings, or thoughts about what you have seen, read, or learned in the unit or part of the unit.
- **Title** the One-Pager as the **Main Idea** of the One-Pager making it the **Biggest and Boldest Words** on the page.
 - It does not have to be one word, or the word that we use to describe it in class, it can be something unique that helps you remember this unit or part of the unit the best.
- Write **TWO AP Questions** on the **FRONT** of your One-Pager (this is like an AP Question FREE RESPONSE Question & need to be ones that will be answered in **MULTIPLE SENTENCES**) & answer **BOTH** of the on the **BACK** of the One-Pager using **Complete Thoughts & Sentences**.
- Write your name on the **BACK!!!** Write your name on the **BACK!!!** Write your name on the **BACK!!!** Write your name on the **BACK!!!** Write your name on the **BACK!!!**