**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Goal Sheet-----Unit 10: Abnormal Psychology**

**Objectives:**

1. Define psychological disorder 2. Distinguish between the concepts of normality and abnormality 3. Explain and define anxiety disorders

4. Explain and define dissociative disorders 5. Describe several theories that try to explain mood disorders 6. Explain and define personality disorders 7. Explain the nature of psychotherapy 8. Explain the various forms of therapy to treat psychological disorders

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|  | **Abnormal Psychology** |
| Abnormal Psychology |  |
| DSM-IV |  |
| Neurotic Disorders |  |
| Psychotic Disorders |  |
| Anxiety Disorders |  |
| Phobias |  |
| Generalized Anxiety Disorder |  |
| Panic Disorder |  |
| Obsessive-Compulsive Disorder |  |
| Post-Traumatic Stress Disorder |  |
| Somatoform Disorders |  |
| Hypochondriasis Disorder |  |
| Conversion Disorder |  |
| Dissociative Disorders |  |
| Psychogenic Amnesia |  |
| Dissociative Fugue |  |
| Dissociative Identity Disorder |  |
| Mood Disorders |  |
| Major Depression |  |
| Seasonal Affective Disorder |  |
| Bipolar Disorder |  |
| Antisocial Personality Disorder |  |
| Dependent Personality Disorder |  |
| Histrionic Personality Disorder |  |
| Narcissistic Personality Disorder |  |
| Obsessive-Compulsive Personality Disorder |  |
| Schizophrenic Disorders |  |
| Disorganized Thinking |  |
| Delusions |  |
| Disturbed Perceptions |  |
| Disorganized Schizophrenia |  |
| Paranoid Schizophrenia |  |
| Rosenhan Study |  |
|  | **Therapy** |
| Deinstitutionalization |  |
| Humanistic Therapy |  |
| Behavioral Therapy |  |
| Cognitive Therapy |  |
| Prefrontal Lobotomy |  |
| Group Therapy |  |

Essential Questions

1. What are the advantages and disadvantages of categorizing people by the DSM-IV?
2. What is anxiety? When is it normal? Abnormal?
3. How might you realize that you are suffering from a somatoform or dissociative disorder?
4. How do personality disorders differ from other psychological disorders?
5. Which therapies do you believe would work best with psychological disorders? Explain your reasoning.